



Incontinence Care Selection Guide



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Step 1: Identify Incontinence Type

Stress Incontinence

Involuntary loss of urine that occurs during physical activity, such as coughing, sneezing, laughing or exercise. Causes: Weakening of muscle in pelvic floor.

Overflow Incontinence

Leakage of small amounts of urine from a bladder that is always full. Occurs due to excessive urine in the bladder. Causes: Obstructed airflow, damage to Central Nervous System, prostate problems, back injuries.

Mixed Incontinence

Combination of stress and urge incontinence. Not only does the patient leak when they cough, laugh, or sneeze, but they also have the constant urge to urinate.

Transient Incontinence

Causes of transient incontinence are: Drugs (such as diuretics or antidepressants), urinary tract infection, acute confusion or delirium, restricted mobility, and severe constipation.

Urge Incontinence

Involves a strong, sudden need to urinate followed by a bladder contraction, resulting in involuntary loss of urine. Causes: Illness, or damage to Central Nervous System.



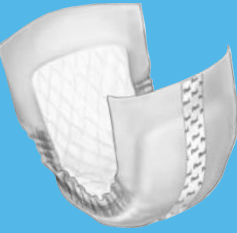
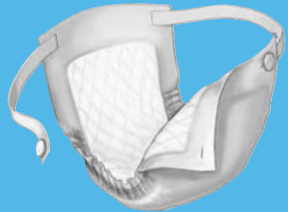



Reflex Incontinence

No voluntary control emptying the bladder and may not feel the urge to urinate. Causes: Damage to nerves, spinal cord or brain.

Step 2: Determine Absorption/Capacity Needs

Resident Status	Type of Incontinence					
	Stress	Overflow	Mixed	Transient	Urge	Reflex
Independent	Light	Light	Moderate	Super	Super to Maximum	Super to Maximum
Limited Need of Supervision	Light	Light	Moderate	Super	Super to Maximum	Super to Maximum
Extensive Need of Assistance	Light to Moderate	Moderate	Moderate to Super	Super to Maximum	Maximum	Maximum
Total Dependence Upon Staff	Light to Moderate	Moderate	Moderate to Super	Super to Maximum	Maximum	Maximum

Step 3: Choose the Appropriate Product

Absorption/Capacity	Product
Light	<p>Presence™ Bladder Control Pads Effective, discreet protection. Features an acquisition layer and Super Absorbent Polymer (SAP) for dryness and odor control. Individually sealed.</p> 
Light to Moderate	<p>Sure Care™ Guards for Men and Women Soft inner facing feels dry next to skin. Inner blue barrier cuffs help prevent leakage. Comfortable pouch design. Contains SAP for dryness and odor control.</p> 
Moderate	<p>Beltless Undergarments Contains SAP for dryness and odor control. One size fits all.</p> 
	<p>Belted Undergarments Wide adjustable belts make garment more comfortable. Contains SAP for dryness and odor control. One size fits all.</p> 
Moderate to Super	<p>Sure Care™ Protective Underwear Underwear-like look and feel. Tear away sides. Cloth-like material. Contains SAP for dryness and odor control and added protection.</p> 
Super to Maximum	<p>Pad & Pant System Two-part absorbency system. Worn with Knit or Cotton pants. Available in various levels of protection and sizes.</p> 
	<p>Adult Briefs Full line. Absorbency ranging from Moderate to Maximum. Cloth-like and Hook & Loop options. All contain SAP for dryness and odor control.</p> 

Value Added Incontinence Care

Covidien Adult Briefs Recommended

Application Techniques

Format: Poster

This poster demonstrates the proper techniques for the application of Covidien adult briefs on patients that are standing, sitting or lying down. It also includes a trouble shooting guide, sizing chart, illustrates the wetness indicator and describes the removal process. The poster is bilingual with English on one side and Spanish on the other.



Incontinent Care In-Service Program

Format: Video

This video demonstrates proper techniques for the application of disposable incontinence products, such as Adult Briefs and Protective Underwear. This video shows the application of these products on patients that are standing, sitting and lying down. It is available in DVD or VHS format.

F315 Incontinence Care Support Tool

Format: Document

Covidien's F-315 Incontinence Care Support Tool is a document that will enable your facility to recognize how the CMS Guidelines for Tag F-315 have been revised and how those changes may affect your facility. This tool points out relevant questions that your facility may be facing and references the actual wording in the F-315 tag which corresponds to those questions. Covidien also offers support programs that will help your facility become compliant with the guidelines.

Video Education Series

Format: Video | Contact Hours: varies

Covidien's Video Education Series is a "video library" that includes a wide range of topics of interest to healthcare professionals of every level, including the video titled "Urinary Incontinence in Adults." This video encompasses many topics surrounding Incontinence Care, such as types of Incontinence, methods of treatment and containment, etc.

The Video Education Series is an excellent way to maximize your facility's training budget, and conduct effective in-service sessions. A better trained staff results in increased performance, job satisfaction and levels of care! The "Urinary Incontinence in Adults" video is accompanied with an exam that offers 2 CE credits upon successful completion.

IMPACT Program for Continence Management Program

Format: CD/Binder

This program concentrates on identifying the correct type of Incontinence, and focuses on individualized care for each patient/resident. Included in this program are Bowel and Bladder Daily Diaries, Specialized Toileting Programs, Daily and Weekly Assessment forms, and an F-315 Compliance Checklist.

Incontinence Care Nurse Consultants

Covidien's Incontinence Care Nurse Consultants provide clinical support services, such as sizing and in-servicing, for your facility, which will help to ensure proper use of incontinence care products. They can also provide support by implementing Covidien's programs and tools, which may further help your facility become compliant with CMS guidelines.



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