

Adult Brief Sizing Procedure

Incontinence Care Nurse Consultants are available to size residents in your facility. This should be done at least annually. The following procedure can be used for new admits who are assessed as needing briefs or residents who experience significant weight changes.

- Use the Covidien color-coded measuring tape.
- Identify yourself and greet resident pleasantly. If resident is cognizant, ask permission to measure. If not, explain what you are doing in all cases. If entering their room, always knock first.
- Do not proceed if resident refuses or becomes hostile. Size is then approximated visually.
- Apply tape around widest area, moving to different locations to compare. For Wings™ hook & loop 3D adult brief, apply to waist only. Use care, as residents may have pain, disabilities, etc.
- If resident is lying down or standing, apply measuring tape loosely (otherwise product will be too tight when sitting). This is especially important when sizing for Wings hook & loop 3D adult brief.
- Record measured size (see brief measuring chart).
- Sizes should be posted (confidentially, but easy access for staff) to help ensure correct sizes are consistently applied to resident.

Note:

- Measuring does not guarantee the product is the correct size.
- Residents may have anomalies, large thighs, etc., that may require a size adjustment. At times, they may insist on a certain size other than the correct, measured size. If possible, discuss with them; family involvement may give support.
- Be aware of changes (weight gain / loss) that may require a larger or smaller size.
- Wash hands between residents.








Adult Brief Sizing Guide

Selecting the appropriate Adult Brief Size ensures comfort, leakage protection and DIGNITY

Instructions:

- Pinpoint resident/patient's height and weight (lbs.) on the sizing grid
- Match the color on the grid to the color on the Key to obtain the appropriate brief size

Sizing Grid		85	90	95	100	105	110	115	120	125	130	135	140	145	150	155	160	165	170	175	180	185	190	195	200	205	210	215	220	225	230	235	240	245	250																	
Height	Weight																																																			
4' 10"																																																				
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BRIEF SIZING KEY			
Grid	Size	Waist	Brief Color
	Youth	(20-31")	Green
	Small	(20-31")	Peach
	Medium	(32-44")	White
	Large	(45-58")	Blue
	X-Large	(59-64")	Beige

The Adult Brief Sizing Guide is to be used as a guideline only. Waist and/or hip measurements should be taken by facility nursing personnel or one of our Incontinence Care Nurse Consultants to ensure proper sizing. Allowances must be made for gender and certain conditions such as hernias, amputations, etc. Clinical assessment recommended for anyone over 250 lbs.

Note: sizing is extremely important. Inappropriate size or improper application can result in leakage.

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